



**2023**  
**NATIONAL ADVENTURE RACE SERIES**  
**Points Table - Sport Women**

Position	Name	Quest Kenmare	Quest Glendalough	WAAR	Dingle Adventure Race	Race2Glory	Quest Lough Derg	FEARmanagh	Quest Killarney	SCAR	Sea 2 Summit	Total
1	Rhianna Heneghan	100	100		100	100	97		100			500
2	Geraldine Heery	95	99	98	97	97	100	99	99	100		497
3	Denise Molloy	98	97		96	95	99	100	98			492
4	Eleanor Smyth	93	83	85	89		79					429
5	Donna Murphy			56	79		80		79	81		375
6	Aine Melody		85			94	95		97			371
7	Siobhan Smith		88				93	90	94			365
8	Geraldine KIELY	86	80				86		86			338
9	Caitrin de Bhal	46	41		78		73		89			327
10	Orlaith SMITH	99	98				98					295
11	Niamh Cleary				98	98	96					292
12	Deirdre Harrington	110			91					90		291
13	Emer Monaghan	94	92							99		285
14	Sharon MARTIN	97	90						87			274
15	Cathriona MURPHY	73	34				72		73			252
16	Susan LOWE	87					85		71			243
17	Collette CLIFFORD O SHEA	44	28				67		77			216
18	Yvonne O'BRIEN	82	55						72			209
19	Sally-Ann Lynch		96		94							190
20	Leonie Dolan			92						97		189
21	Louise Kiernans		95			93						188
22	Tara Reale		87		92							179
23	Aisling O'CONNOR	60	75					42				177
24	Cathy Breslin			88				88				176
25	Peggy McCarthy				85					82		167
26	Marie Murphy	84			81							165
27	Lesleyann Wylie		76			88						164
28	Michelle Murphy	50			58		52					160
29	Aoife RYAN	78	74									152
30	Catherine McCarthy	61								86		147
31	Lisa Mulvey		61				81					142
32	Sinead Ni Alluin		59				83					142
33	Caitriona PHELAN	59							81			140
34	Mary REIDY						71		69			140
35	Brid QUINN	58					76					134
36	Heidi O'Shea								63	68		131
37	Sandra FITZPATRICK	17					61		49			127
38	Evelyn O'Brien		52				74					126
39	Anna Roche	56			66							122
40	Mary KIELY	49							70			119
41	Erin O'Driscoll	54			63							117
42	Yvonne DUGGAN	36							78			114
43	Geraldine BREEN	92	21									113
44	Aoife HAYES	63	47									110
45	Marian O'Gorman				48					61		109
46	Macaire HUTCHINSON	43					65					108
47	Cristin Ingleis	34								73		107
48	Debbie Hayes	42								65		107
49	Helen Costigan		43				63					106
50	Sile Collins				45					58		103
51	Geraldine O LOUGHLIN								40	62		102
52	Maria NI MHAOLAGAIN			100								100
53	Diane Behan				99							99
54	Ruth Candon					99						99
55	Victoria KINKAID			99								99
56	Caron McDermott							98				98
57	Jennifer Ring									98		98
58	Rachel Hume							97				97
59	Yasmina LAZARO			97								97
60	Colette Tuohy					96						96

Position	Name	Quest Kenmare	Quest Glendalough	WAAR	Dingle Adventure Race	Race2Glory	Quest Lough Derg	FEARmanagh	Quest Killarney	SCAR	Sea 2 Summit	Total
61	Deirdre Wallace									96		96
62	Elaine Godfrey							96				96
63	Emma NICHOLSON								96			96
64	Fionnuala LARKIN			96								96
65	Nicole BUTLER	96										96
66	Debbie McCarthy									95		95
67	Ericka MURRAY			95								95
68	Karen O' SULLIVAN								95			95
69	Louise Fogarty				95							95
70	Marie Masterson							95				95
71	Alyssa GANNON TREACY						94					94
72	Aoife Murphy							94				94
73	Caroline Lynch									94		94
74	Eileen LYNCH			94								94
75	Linda Fahy		94									94
76	Ailis BROSNAN								93			93
77	Alison Donnelly				93							93
78	Mairead Hayes	29								64		93
79	Natalie Johnston							93				93
80	Orla Finnegan									93		93
81	Sinead O'reilly		93									93
82	Zina DEAMER			93								93
83	Aisling Lane		20		72							92
84	Hilary JENNINGS						92					92
85	Marcella Mcdonnell					92						92
86	Melissa KELLY								92			92
87	Michelle McCartin							92				92
88	Valerie Neville									92		92
89	Aisling Boyd		91									91
90	Carolyn WATSON						91					91
91	Catriona NANGLE	91										91
92	Ciara Murray					91						91
93	Cliona FITZMAURICE								91			91
94	Lisa Hedley							91				91
95	SallyAnn O'Halloran									91		91
96	Tara CARRON			91								91
97	Cliona O'malley					90						90
98	Emma MCGRATH	90										90
99	Irene Hartigan				90							90
100	Noelle O BRIEN						90					90
101	Pauline SWEETNAM								90			90
102	Sharon MCKENNA			90								90
103	Ashleigh SWEENEY			89								89
104	Christina Monaghan		89									89
105	Eileen Hall							89				89
106	Katie SURGUE	89										89
107	Mags Hassett									89		89
108	Melissa LAWLESS						89					89
109	Sandra Caulfield					89						89
110	Breeda Sheedy									88		88
111	Jayne O'BRIC						88					88
112	Julie Winters				88							88
113	Niamh FUSSEY								88			88
114	Aine Fitzgerald				87							87
115	Emma MacSorley-Dougan							87				87
116	Marcella Heneghan					87						87
117	Orla MCDONALD						87					87
118	Sarah PREISING			87								87
119	Siobhán Ní Sheasnáin									87		87
120	Demelza CALLAGHAN			86								86
121	James Dolan					86						86
122	Margo Carron							86				86
123	Orla Carley		86									86
124	Sally Ann O Holloran				86							86
125	Hilary JENKINSON	85										85
126	Jennifer McCaffrey							85				85
127	Karen O toole					85						85

Position	Name	Quest Kenmare	Quest Glendalough	WAAR	Dingle Adventure Race	Race2Glory	Quest Lough Derg	FEARmanagh	Quest Killarney	SCAR	Sea 2 Summit	Total
128	Laura O Callaghan	16								69		85
129	Lorraine Hough									85		85
130	Nicola ENNIS								85			85
131	Aoife SHORT						84					84
132	Edwina OCONNOR								84			84
133	Ella Flynn					84						84
134	Kevin O'E CONNOR			84								84
135	Laura Griskeviciute				84							84
136	Mairead Finn		84									84
137	Sharon Levis									84		84
138	Sonia Johnston							84				84
139	Helen Flanagan							83				83
140	Jill OWENS	83										83
141	Kathleen DIVER			83								83
142	Lena Frevne					83						83
143	Michaela Carolan				83							83
144	Niamh DORAN								83			83
145	Niamh Julian									83		83
146	Claire COSTELLO								82			82
147	Fiona Deering							82				82
148	Frances O'DONNELL			82								82
149	Grainne Hurley					82						82
150	Jean HUGHES						82					82
151	Miriam Noonan	12			70							82
152	Ola Gregg		82									82
153	Ruth Collins				82							82
154	Catherine Linnane Carey		81									81
155	Chloe O NEILL	81										81
156	Claire Henderson							81				81
157	Nora McNicholas					81						81
158	Rosaleen DOHERTY			81								81
159	Clodagh GRIFFIN	80										80
160	Edel CONWAY			80								80
161	Eleanor Rooney							80				80
162	Laura BAKER					80			80			80
163	Lynda Fay											80
164	Oonagh Brady									80		80
165	Patricia Cummins				80							80
166	Anna Hickey		79									79
167	Claire HAYES	79										79
168	Pauline Coleman							79				79
169	Sarah MULHOLLAND			79								79
170	Sinead Fitzgerald									79		79
171	Derval MALONEY						78					78
172	Elaine Lynch							78				78
173	Kate McCarthy									78		78
174	Rachael MURDOCH			78								78
175	Renata Sauleviciute		78									78
176	Julia Cooper		77									77
177	Margaret MAGUIRE	77										77
178	Maria Carey				77							77
179	Michelle CAREY						77					77
180	Rosanne BOYD			77								77
181	Rose Reilly							77				77
182	Sheila Ahern									77		77
183	Aine MCNEILL			76								76
184	Courtney Bell							76				76
185	Kay Quirke									76		76
186	Marie AMBROSE	76										76
187	Mary Anne MURPHY								76			76
188	Susan Murphy				76							76
189	Ciara TREACY								75			75
190	Claire AMBROSE	75										75
191	Deirdre DALY						75					75
192	Grace Corey							75				75
193	Joy Sexton									75		75
194	Liz Dwyer				75							75

Position	Name	Quest Kenmare	Quest Glendalough	WAAR	Dingle Adventure Race	Race2Glory	Quest Lough Derg	FEARmanagh	Quest Killarney	SCAR	Sea 2 Summit	Total
195	Rachel GALLAGHER			75								75
196	Chloe FARRELL								74			74
197	Claire Collins				74							74
198	Fiona Burke									74		74
199	Kate O'DONNELL	74										74
200	Mary MACKIN			74								74
201	Sabrina Mckelvey							74				74
202	Jennifer Sheehan		73									73
203	Joanne Jamison							73				73
204	Kate Counihan				73							73
205	Rachel JONES			73								73
206	Catherine O'Donnell							72				72
207	Deirdre RODDY			72								72
208	Johanna King									72		72
209	Roni HAWE	72										72
210	Suzy Macken		72									72
211	Fiona Kinsella		71									71
212	Karen Ferguson							71				71
213	Louise MULVANEY			71								71
214	Maria Curran				71							71
215	Mary Minehane									71		71
216	Valerie NEVILLE	71										71
217	Amanda Rice		70									70
218	Aoife Power									70		70
219	Deirdre TOOMEY						70					70
220	Janice REID			70								70
221	Norma O'CONNOR	70										70
222	Tracey Mc Ardle							70				70
223	Anna MCELHINNEY						69					69
224	Maria Flynn				69							69
225	Niamh Duffy							69				69
226	Niamh HEFFERNAN	69										69
227	Sonya Fildes		69									69
228	Sorcha BIRD			69								69
229	Alison Little							68				68
230	Eilish GALVIN	68										68
231	Louise DUNNE						68					68
232	Mairead CULLEN			68								68
233	Rachel Hurley				68							68
234	Trish OSULLIVAN								68			68
235	Ursula Byrne		68									68
236	Avril O' DRISCOLL	67										67
237	Brid GREER			67								67
238	Cait O'reilly		67									67
239	Christine Collins									67		67
240	Claire Hurley				67							67
241	Paula MOLONEY								67			67
242	Sarah Cooper							67				67
243	Sinead Feeney		6						61			67
244	Amelie LEVENTI								66			66
245	Josephine CLANCY						66					66
246	Joy Drugan							66				66
247	Karen Cronin									66		66
248	Mary Fahy		66									66
249	Noelle MC LAUGHLIN			66								66
250	Yvonne JORDAN	66										66
251	Anna Mulligan		5						60			65
252	Arlene Collins				65							65
253	Emer MAGEE			65								65
254	Helen Boutellier		65									65
255	Linda O' CONNELL								65			65
256	Patricia McGurn							65				65
257	Sarah SPAIN	65										65
258	Elaine Carley		64									64
259	Honor Lynch				64							64
260	Marina Boyle							64				64
261	Melissa FENELON	64										64

Position	Name	Quest Kenmare	Quest Glendalough	WAAR	Dingle Adventure Race	Race2Glory	Quest Lough Derg	FEARmanagh	Quest Killarney	SCAR	Sea 2 Summit	Total
262	Nicole MCNEILLY			64								64
263	Tara NOLAN						64					64
264	Yvonne KENNEDY								64			64
265	Edel Foley									63		63
266	Eilise O HART			63								63
267	Ellen Maguire							63				63
268	Gail Stafford		63									63
269	Edel Bourke Mckeon		62									62
270	Laoise O'Driscoll				62							62
271	Lorraine O KEEFFE						62					62
272	Lynn Cromie							62				62
273	Shirley O'HARE	62										62
274	Siobhain MARRON								62			62
275	Wendy FLEMING			62								62
276	Caroline CURRAN			61								61
277	Maire Ui Chonghaile				61							61
278	Stephanie Stenson							61				61
279	Aideen Byrne				60							60
280	Andrea MCMENAMIN			60								60
281	Antonia Courtney		60									60
282	Martina Cleary							60				60
283	Niamh McSweeney									60		60
284	Patricia GLEESON						60					60
285	Agata SOKOLOWSKA								59			59
286	Caroline O'EDONNELL			59								59
287	Leeann Muldoon							59				59
288	Michelle O'DONNELL						36		23			59
289	Neasa Flynn									59		59
290	Rebecca Ryan				59							59
291	Sorcha BRYAN							59				59
292	Laura MURPHY								58			58
293	Linda WOODS							58				58
294	Louise Kelly		58									58
295	Roisin Hanna							58				58
296	Treasa KELLY			58								58
297	Citodhna Casey							57				57
298	Hazel BURKE								57			57
299	Joya BURNS							57				57
300	Katherine Marsh		57									57
301	Mairead MASON	57										57
302	Michelle BOYLE			57								57
303	Paula O'Riordan				57							57
304	Ruth Houlihan									57		57
305	Arlene HIGGINS							56				56
306	Cathy Bowe				56							56
307	Gretta Mohan							56				56
308	Jill L'estrange		56									56
309	Marie RYAN								56			56
310	Sarah McCarthy									56		56
311	Ann MARMION								55			55
312	Annie NY LOCHLAINN			55								55
313	Deborah OKEEFFE	55										55
314	Fidelma Brennan							55				55
315	Joanne COUGHLAN							55				55
316	Patrycia Daly				55							55
317	Una ni charra									55		55
318	Andrea MORIARTY								54			54
319	Chelley Brennan				54							54
320	Claire Murphy							54				54
321	Gail CARTER							54				54
322	Kelly MCCOLE			54								54
323	Lorraine Power		54									54
324	Mairéad McCarthy									54		54
325	Aisling MCCARTHY							53				53
326	Anna Roycroft									53		53
327	Carmel BOYLE			53								53
328	Caroline Carolan							53				53

Position	Name	Quest Kenmare	Quest Glendalough	WAAR	Dingle Adventure Race	Race2Glory	Quest Lough Derg	FEARmanagh	Quest Killarney	SCAR	Sea 2 Summit	Total
329	Elaine O'connor		53									53
330	Fiona ENRIGHT	53										53
331	Julie LONG								53			53
332	Ruth O'Meara				53							53
333	Aoife DOWLING	52										52
334	Carla GILLESPIE			52								52
335	Emily POOLE								52			52
336	Karen McMahon							52				52
337	Noirin Collins									52		52
338	Rachael Coffey				52							52
339	Celine O GARA			51								51
340	Ciara KANE								51			51
341	Edel BYRNE						51					51
342	Edwina Ternan							51				51
343	Emer Casey									51		51
344	Fionnuala MURPHY	51										51
345	Ger Carley		51									51
346	Siobhan Lane				51							51
347	Ciara REYNOLDS								50			50
348	Eadaoin Cronin				50							50
349	Elaine Jeffers							50				50
350	Grace HEFFERNAN						50					50
351	Lisa Maguire		50									50
352	Tara MCGRORY			50								50
353	Clare Boyle							49				49
354	Colette O'Regan				49							49
355	Deirdre Aodhain		49									49
356	Kiri MONAGHAN						49					49
357	Sinead NEARY			49								49
358	Abigail Greene							48				48
359	Eimear MULLEN	48										48
360	Fiona BERRY						48					48
361	Jill CONNELL			48								48
362	Marian SPELLMAN						33		15			48
363	Martina Lawton				44		4					48
364	Phillippa Ivison		48									48
365	Roisin BOLAND								48			48
366	Christine FANNING						47					47
367	Jackie MCATEER			47								47
368	Maria O'LOUGHLIN								47			47
369	Maureen COURNAME	47										47
370	Scarlett - Grace Murphy							47				47
371	Sienna Bosonnet				47							47
372	Chloe RANKIN			46								46
373	Deborah Murphy							46				46
374	Eithne McShane				46							46
375	Nicola AYLWARD								46			46
376	Nora MCNAMARA						46					46
377	Shelley Hargadon		46									46
378	Ciara YOUNG								45			45
379	Gillian Mccann		45									45
380	Jane FLANNERY			45								45
381	Lisa FITZSIMONS	45										45
382	Louise CASEY						45					45
383	Amy FOLEY	33										44
384	Cara Dillon		44						11			44
385	Claire WALSHE								44			44
386	Maria CASEY						44					44
387	Susan HOUSTON			44								44
388	Claire WALSH						43					43
389	Elaine KENNEDY								43			43
390	Emma MARTIN	1							42			43
391	Morgan Brophy				43							43
392	Sally MULHOLLAND			43								43
393	Aisling Vickers		42									42
394	Emer ANDERSON			42								42
395	Niamh Hanley				26				16			42

Position	Name	Quest Kenmare	Quest Glendalough	WAAR	Dingle Adventure Race	Race2Glory	Quest Lough Derg	FEARmanagh	Quest Killarney	SCAR	Sea 2 Summit	Total
396	Yvonne Johnston				42							42
397	Laoise O'DRISCOLL	41										41
398	Louise PETERS						41					41
399	Lydia JOHNSTON			41								41
400	Patricia CLANCY								41			41
401	Rachael Dalton				41							41
402	Aisling O Donoghue				40							40
403	Lynsey MCNEILLY			40								40
404	Mairiad MCKENNA						40					40
405	Rachel ROWE	40										40
406	Sinead Costello		40									40
407	Alison LOUGHREY						39					39
408	Dee DURAN	39										39
409	Laura Holland				39							39
410	Laurie HURLEY	2							37			39
411	Mairiad BARRY								39			39
412	Sheena Kelly		39									39
413	Tara HUGHES			39								39
414	Angela O CONNOR	38										38
415	Ciara O' Callaghan		38									38
416	Denise Hughes		24				14					38
417	Fiona Joyce				17		21					38
418	Geraldine Quirke				38							38
419	Lisa BARNETT						38					38
420	Olivia MAHER								38			38
421	Pauline MCFARLANE			38								38
422	Claire MCCARTHY	37										37
423	Deirdre Roe		37									37
424	Edwina FARRELL						37					37
425	Iarla BLANEY			37								37
426	Joan McKenna				37							37
427	Andrea Heine				36							36
428	Clodagh O SULLIVAN								36			36
429	Karen ALEXANDER			36								36
430	Una Maria Ui Mhuirithe		36									36
431	Aoife JOYCE						35					35
432	Cassie Whelehan		35									35
433	Jordan BAKER	35										35
434	Keira-Eva Mooney				35							35
435	Sarah MCGEOUGH			35								35
436	Valda SMITH								35			35
437	Ciara Dennis				34							34
438	Deirdre CASHMAN								34			34
439	Joyce TAAFFE						34					34
440	Helen MORRIS								33			33
441	Tanya Carroll				33							33
442	Triona Brosnan		33									33
443	Gemma Oaerourke		32									32
444	Katriona Keane				32							32
445	Michelle SWEENEY	32										32
446	Shauna MORROW						32					32
447	Shirley MURPHY								32			32
448	Alice TAYLOR						31					31
449	Ciara Foley		31									31
450	Fiona Dolan				31							31
451	Jennifer AHERNE								31			31
452	Lisa CREMIN	31										31
453	Daraann Harford		30									30
454	Helen Tracey				30							30
455	Kay CARROLL								30			30
456	Rachel FULLAM						30					30
457	Tara BUTLER	30										30
458	Catriona Cuddihy		29									29
459	Hilary MORROW						29					29
460	Linda Harney Personal				29							29
461	Maire O CONNELL								29			29

Position	Name	Quest Kenmare	Quest Glendalough	WAAR	Dingle Adventure Race	Race2Glory	Quest Lough Derg	FEARmanagh	Quest Killarney	SCAR	Sea 2 Summit	Total
462	Caroline DUANE						28					28
463	MCALIFFE				28							28
464	Linda Dineen								28			28
465	Michelle CASEY											28
465	Rita O'CONNELL	28										28
466	Bernie MCKEOGH						27					27
467	Caroline REEN	27										27
468	Olivia MURPHY								27			27
469	Paula Nolan				27							27
470	Ursula Manning		27									27
471	Gillian O'callaghan		26									26
472	Joan MURPHY	26										26
473	Niamh HEALY								26			26
474	Suzanne NOBLE						26					26
475	Cathy Kennedy				25							25
476	Elaine MISKELLA	25										25
477	Mary Furney		25									25
478	Megan FLANNERY								25			25
479	Trish DUNCAN						25					25
480	Jenna Pierce				24							24
481	Julie MORRIS								24			24
482	Niamh COSTELLO						24					24
483	Niamh KENNELLY	24										24
484	Briege MCCROSSAN	23										23
485	Emer Fennell				23							23
486	Grainne COMMINS						23					23
487	Jennifer Reynolds		23									23
488	Ann GRACE						22					22
489	Helen MURPHY								22			22
490	Phoebe Campbell		22									22
491	Rachel O'Mahoney				22							22
492	Aisling O SHEA								21			21
493	Bianca Singer				21							21
494	Lynsey BRENNAN DUNNE	21										21
495	Amanda O CALLAGHAN	20										20
496	Aoife FLYNN						20					20
497	Joanne Shearer				20							20
498	Laura WILSON								20			20
499	Aimee CORCORAN	19										19
500	Ciara OCONNOR								19			19
501	Jessica Holmes				19							19
502	Lauren Flynn		19									19
503	Susan MCCORMACK						19					19
504	Bridann GRIFFIN								18			18
505	Katie Healy		18									18
506	Lynne DURHAM						18					18
507	Martha Ni Chuanaigh				18							18
508	Orla GRIFFIN	18										18
509	Catherine O'loughlin		17									17
510	Claire HARRISON						17					17
511	Juliette ROLLS								17			17
512	Caroline KENNEDY						16					16
513	Louise Moore				16							16
514	Ruth Dennison		16									16
515	Sarah O'Dea				10				6			16
516	Annemarie GOULDING						15					15
517	Emma Moran		15									15
518	Grainne SMITH	15										15
519	Kara Tedford				15							15
520	Gleidiane Tem'iteo		14									14
521	Megan KENNEALLY								14			14
522	Michelle BARRY	14										14
523	Michelle Demougeot				14							14
524	Catriona Doughan		13									13
525	Ciara NALLY								13			13
526	Emma DUGGAN						13					13
527	Joanne Casey				13							13



Position	Name	Quest Kenmare	Quest Glendalough	WAAR	Dingle Adventure Race	Race2Glory	Quest Lough Derg	FEARmanagh	Quest Killarney	SCAR	Sea 2 Summit	Total
528	Julie DRENNAN	13										13
529	Emma HEALY								12			12
530	Jayne Sheehan				12							12
531	Laura Swaine		12									12
532	Lucia WILSON						12					12
533	Anne Marie O CONNOR	11										11
534	Helen Fahy				11							11
535	Mags WATKINS						11					11
536	Ruth Jenkinson		11									11
537	Aisling HEAPHY	10										10
538	Angela Niland		10									10
539	Jane PRENDERGAST						10					10
540	Louise O CONNELL								10			10
541	Breda Monahan		9									9
542	Catherine FAYEN	9										9
543	Emma CULHANE								9			9
544	Fyona DUNNE						9					9
545	Leanne Donochie				9							9
546	Caroline SUGRUE								8			8
547	Catriona KISSANE	8										8
548	Linda KINSELLA						8					8
549	Meg Nally		8									8
550	Yvonne Brosnan				8							8
551	Ann CLIFFORD	7										7
552	Iris BERTHIER								7			7
553	Louise Higgins				7							7
554	Nina Tomlin		7									7
555	Rosemaire CARROLL						7					7
556	Deirdre CORRIDAN	6										6
557	Karen COSTELLOE						6					6
558	Laura O'Donovan				6							6
559	Siobhan Ray				4		2					6
560	Alice RIDDLER						5					5
561	Alisha Scannell				5							5
562	Emer SHEEHAN								5			5
563	Móira HANIFIN	5										5
564	Avril Mahon		4									4
565	Caoimhe FARRELL								4			4
566	Helen HEFFERNAN	4										4
567	Helena O Toole		3									3
568	Irene RIORDAN	3										3
569	Noeleen SMYTH						3					3
570	Patricia Hannon				3							3
571	Ruth BENNETT								3			3
572	Alison DALE								2			2
573	Eileen Murphy				2							2
574	Emma Dunne		2									2
575	Emma CUNNINGHAM								1			1
576	Sheena Lewis		1									1
577	Sinead CURRIVAN						1					1